



**PARTIAL OR TOTAL NAIL AVULSION POST-OPERATIVE INSTRUCTIONS**

You have just had a partial or total nail avulsion performed on your toe(s). The following instructions are to help you heal during your post-operative course.

1. In 24 hours, soak off the bandage that was applied post-operatively in warm water and a small amount of liquid Dial soap. After the bandage is completely soaked, you can unravel it and remove it from your toe. Soak your foot for 30 minutes, pat it dry, and apply a Polymem bandage.
2. Soak your foot twice per day as described above until your next post-operative appointment.
3. Once you have used all of the Polymem bandages, continue to cover your toe(s) in the same fashion with either a regular Band-Aid or gauze wrapping with paper tape until your next post-operative appointment.
4. In the event that you decline the Polymem bandages, please apply a wrapping of gauze with paper tape in the place of the Polymem bandages.
5. There are not any restrictions on shoe gear. You may wear any shoe that you can tolerate.
6. If you notice any sign of pus or infection, **CALL THE OFFICE IMMEDIATELY.**
7. If you run a fever or have increased redness or swelling of the toe(s), **CALL THE OFFICE IMMEDIATELY.**

Our office does not anticipate any problems with these minor procedures. In the event that you have any questions whatsoever, do not hesitate to call our office and speak with a staff member. If you need to contact our office after hours, we have a 24-hour answering service that will be happy to assist you.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_