



Patient Information for Surgical Procedures



**Jewish Hospital
Medical Center South**
KentuckyOne Health™

A service of Jewish Hospital & St. Mary's HealthCare

How to Prepare for Surgery

Important Reminders:

- The day before surgery, do not eat or drink anything, including water, after midnight unless instructed otherwise by your physician. You may continue to take any medications only if advised by your physician or surgeon.
- Please bring this brochure, the Surgery Schedule/Physician Orders card and any papers your physician has given you. Also bring a list of all medications you are taking, including the name of the prescription, the dosage and the frequency, to show the physician. If you are diabetic, don't forget to consult with your doctor on receiving insulin injections.
- Talk with your physician so you fully understand the surgical procedure.
- Wear comfortable, loose-fitting clothing which can easily be stored during the procedure.
- Do not wear makeup, fingernail or toenail polish. Do not bring any valuables with you, including large amounts of cash, earrings, chains or watches.
- Take a full bath with antibacterial soap and wash your hair the night before surgery.
- If the procedure is being performed on a child, bring a favorite toy or blanket for the child, along with a complete change of clothing.
- Should you experience any change in your physical condition, please contact your physician immediately.
- Be sure to bring your insurance card(s) and authorization and referral forms.

After Your Operation:

After surgery please have a responsible adult available to drive you home. For your safety, we also advise having someone stay with you for 24 hours following the procedure.

We will not allow anyone who has received anesthetic medication or sedative to leave the facility alone.

Before going home, you will be given a complete list of post-operative instructions to follow. The discharge nurse will review these instructions with you and answer any questions you might have.

Pre-Procedure Testing

Prior to Your Surgery:

Pre-procedure testing is initiated at Jewish Hospital Medical Center South. Testing is offered Monday through Friday. Please report for your test at the Guest Registration desk in the lobby.

Pre-procedure testing is strongly encouraged, and can be scheduled within the 14-day period preceding your scheduled surgery date.

This testing will assist us in determining your physical status prior to surgery, and in expediting your admission process on the day of your procedure. Patients may schedule their own pre-procedure testing appointments by calling 502.955.3327. If you have any questions, please call 502.955.3121 or 502.587.3327

Free parking and handicap parking is available for patients.

Be sure to inform the facility staff prior to surgery if you have a latex allergy. Jewish Hospital Medical Center South strives to be latex safe. If you have any questions, please call 502.955.3121

On the Day of Your Surgery:

On the day of your surgery, please report to the guest registration desk in the lobby at the time instructed by your physician's office. From there you will be directed to your surgical point of service.

Advance Directive

Our Self-Determination Policy:

It is the policy of Jewish Hospital Medical Center South to recognize and adhere to, whenever possible, a patient's right to formulate and maintain an advance directive. No one will be denied the right to medical care at the medical center based upon whether he/she has executed an advance directive.

The decision to refuse or stop life-prolonging treatment will be made a part of the patient's medical record. All who participate in the decision, including the patient, family and surrogate, will be identified in the patient's medical record.

If you have a written advance directive, please bring a copy with you to the medical center.

General Information

For Your Family and Friends:

Free parking is available at Jewish Hospital Medical Center South. Handicap parking spaces are also available.

For your convenience, Subway is located on the first floor of the Medical Office Building. Vending machines, with a variety of snacks and soft drinks, are located near the Emergency Department.

Billing and Insurance Information

You will be billed separately by your primary physician and for work performed by the anesthesiologists, radiologists, cardiologists, and pathologists.

Should you need to make special financial arrangements or have questions about your bill, financial counselors are available to answer your questions Monday through Friday from 8 a.m. to 4:30 p.m. They are located in guest registration in the lobby. You may also contact a financial counselor at 502.955.3040

Medical Insurance:

You will be billed only for the amount not covered by your insurance. Medicare or Medicaid patients who sign the necessary forms upon admission pay only the deductible amount and for services or accommodations not covered.

If we are unable to verify insurance coverage, a deposit may be required.

A final bill will be mailed to your home after you are released.

If you are a private-pay patient, please call our financial counselor at 502.955.3040 after your appointment is scheduled to make payment arrangements.

Managed Care Enrollees:

If you belong to an HMO or have special payer guidelines, please contact your insurance company to ensure your procedure has been approved. Also, please bring your insurance card(s) and any other papers sent to you, including referrals, authorization or precertification.

Charge Cards:

MasterCard, VISA, Discover and American Express are accepted.

Surgery Schedule & Physician Orders

You can pre-register online at www.jhsmh.org or by calling 502.587.4698

Bring this card with you to the hospital.

Patient name: _____

Your pre-procedure testing date is _____
(Please bring your medication with you)

Your surgery date is : _____

Your arrival time is: _____

Physicians Orders:

Order for consent: _____

Surgical diagnosis: _____

Anesthesia:

- Local (no lab work necessary) General
 Regional MAC

Pre-op Testing:

- | | | |
|--|---|-----------------------------------|
| <input type="radio"/> Hgb. And Hct. | <input type="radio"/> Pregnancy test | <input type="radio"/> RH |
| <input type="radio"/> CBC | <input type="radio"/> RPR | <input type="radio"/> Blood type |
| <input type="radio"/> Urinalysis | <input type="radio"/> Glucose | <input type="radio"/> Albumin |
| <input type="radio"/> PT | <input type="radio"/> PTT | <input type="radio"/> Potassium |
| <input type="radio"/> Bleeding Time | <input type="radio"/> Basic Metabolic Panel | <input type="radio"/> Chest X-Ray |
| <input type="radio"/> ABG | <input type="radio"/> EKG | <input type="radio"/> BUN |
| <input type="radio"/> Type and crossmatch _____ #units | | |
| <input type="radio"/> Comprehensive metabolic panel | | |
| <input type="radio"/> Anesthesia guidelines | | |

History & Physical:

- Dictated (Done)
 Sent with patient
 Sent to facility

Please fax orders, consent, history and physical to JHMCS Pre-Procedure Testing at 502.955.3382

Physician signature: _____

Date: _____

Medical Terms Used in Surgery

The following are some common medical terms used in outpatient surgery. Some you may know, but others may give you a better idea of what you will experience during the procedure.

- **Anesthesia:** the absence of essentially all sensation rendering a person in such a state that an operation can be carried out without discomfort while the vital functions are being preserved.
- **Anesthesiologist:** a doctor of medicine who specializes in the field of anesthesia.
- **Nurse Anesthetist:** a certified registered nurse who has special training in the field of anesthesia and functions under the medical direction of the anesthesiologist.

What are the Different Types of Anesthesia?

Local: consists of drugs injected directly into the area of operation, causing numbness only in that area. Although a local anesthetic is usually injected by the surgeon, anesthesia personnel may be present to give sedative medications and monitor vital functions.

Regional: an injection of drugs that causes the loss of sensation in a specific area of the body.

After local or regional anesthesia is administered, the area injected with anesthetic may remain numb for several hours. As sensation returns to the area, you may feel some pain in the area of the incision. Generally, pain medication will be given to you.

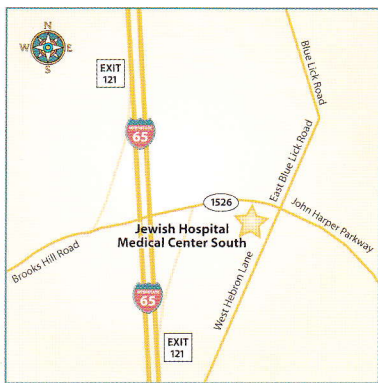
Nerve block: commonly used for hand or arm surgery. A drug is injected in and around the main nerve trunk, causing blockage of pain sensation to the brain and numbness to the limb.

Spinal or Epidural block: usually used for hip, leg and some abdominal surgery. A drug is injected into the fluid and space around the spinal cord, causing blockage of pain sensations. You will be “numb” from the waist down. During regional anesthesia, you may feel pressure or touch, but no pain. You may be given a medication to help you relax. If you have a spinal, an epidural or a nerve block you may be unable to move the affected limbs until the anesthetic wears off. You may also have the sensation of your limb “floating in air” or being “elevated.”

General Anesthesia: an induced state where the patient's entire body is affected by the anesthetic agent usually administered through the vein or in a vaporized form. You will lose consciousness completely. The amount of anesthetic given is continually adjusted to your response.

With general anesthesia, you will awaken shortly after entering the recovery room. At first, you may notice a slight sore throat but this will soon subside. A sore throat may be the result of a tube inserted into the windpipe during surgery. Taking slow, deep breaths will rid your lungs of the anesthetic gases, help you awaken more quickly and alleviate symptoms of nausea. You will probably feel sleepy for several hours.

The type of anesthesia used for your surgery depends on many factors, the most important being your safety. The anesthesiologist who consults with you prior to the operation will carefully weigh all the factors before making a decision on the type of anesthetic to use. You are a critical part of the decision process and the type of anesthesia you receive depends on many factors, the most important being your safety.



How to Get to Jewish Hospital Medical Center South

From downtown Louisville via I-65

From I-65 south take exit #121 (KY 1526/Brooks Road exit). This is the first exit past the Gene Snyder Expressway. Make a left off of the exit ramp. At the 2nd traffic light you will be at Hebron Lane (gas station on the right). Turn right onto Hebron Lane. Go approximately an eighth of a mile. Turn right into the Medical Center South parking lot.

North towards Louisville via I-65

From I-65 north take exit #121 (KY 1526/Brooks Road exit). This is the exit past the Shepherdsville Exit. Make a right off of the exit ramp. At the first stoplight you will be at Hebron Lane (gas station on the right). Turn right onto Hebron Lane. Go approximately an eighth of a mile. Turn right into the Medical Center South parking lot.

From east Louisville on I-64

Take I-64 to I-265 west (the Gene Snyder Expressway). Take I-265 west to I-65 south. From I-65 south take exit #121 (KY 1526/Brooks Road exit). This is the first exit past the Gene Snyder Expressway. Make a left off of the exit ramp. At the 2nd traffic light you will be at Hebron Lane (gas station on the right). Turn right onto Hebron Lane. Go approximately an eighth of a mile. Turn right into the Medical Center South parking lot.

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