



SURGICAL CENTER OF ELIZABETHTOWN

an affiliate of **SCA**

Surgical Center of Elizabethtown is an ambulatory surgery facility. Modern medical advances have made it possible for an adult or child to have nonemergency surgery and return home the same day.

The center was developed by hospital and clinical personnel to offer safe, high-quality surgical care. This affordable and convenient alternative to overnight hospitalization has earned us a reputation as the region's "Center of Excellence for Outpatient Surgery."



## SCOPE of SERVICES

Our center provides outpatient surgical services including:

- General surgery
- Gynecology
- Urology
- Oral surgery
- Orthopaedics
- Otorhinolaryngology
- Podiatric surgery
- Pain management
- Hand surgery
- Plastic and reconstructive surgery
- Ophthalmology
- Endoscopy

## QUESTIONS

We are dedicated to making your stay as pleasant as possible and welcome any comments or suggestions you may have. If you have a question or concern, please contact us at (270) 737-5200. A copy of **Patient Rights and Responsibilities** is also available at the center.

## Thank YOU

We appreciate the trust you have placed in our staff. We will make every attempt to honor that trust by providing the high-quality medical care you expect and deserve.

**Follow these guidelines the day before your surgery to ensure that your operation goes smoothly.**

## BeforeSURGERY

- Collect all necessary papers from your physician's office and forward to us at least 72 hours prior to your procedure.
- It is your responsibility to arrange in advance for a responsible adult to drive you home and remain with you the first 24 hours after surgery. You cannot drive yourself or be left alone.
- Notify your physician before coming to the center if there is any change in your physical condition, such as a cold or fever.
- If no one has contacted you the day before your surgery, please call the center at (270) 737-5200, Monday through Friday from 9:00 a.m. to 4:00 p.m. for specific instructions.
- Please leave jewelry at home. If you wear contact lenses or glasses, bring a case for their safekeeping. We provide containers for removable dentures and bridgework.
- If you are having surgery on your hand and have acrylic or false fingernails, please have them removed.
- You should not eat solid foods or drink liquids after midnight the night before your surgery. This is to avoid a potential life-threatening situation called aspiration pneumonia. This will reduce the possibility of nausea and vomiting following anesthesia. You may brush your teeth, remembering not to swallow anything. Refrain from the use of mints, chewing gum or cigarettes. Failure to follow these instructions may result in cancellation of your surgery.
- Please do not take any medication after midnight unless instructed by your physician or our office. If you are diabetic or on blood pressure or heart medication, obtain specific instructions from your physician or contact the center.



**To help us meet all of your needs, please follow these guidelines:**

## DAYofSURGERY

- Please bathe or shower prior to your surgery. Remove all makeup and fingernail polish, and do not use lotions or oils after bathing.
- Wear loose, comfortable clothing such as sweatsuits and easy-to-button shirts or blouses that are big enough to accommodate a large bandage after surgery. Wear comfortable shoes; no high heels, please.
- Bring all of your regular medications with you on the day of surgery, both prescription and nonprescription.
- Be prepared to sign a form giving your consent for the operation. If the patient is under 18, a parent or legal guardian must accompany the patient and sign the consent form. In the case of a legal guardian or power of attorney, you are asked to bring your guardianship papers with you for admission.
- Bring all insurance cards and your driver's license with you to the center. See the section on insurance and billing.
- Please arrive one hour before your scheduled procedure unless instructed otherwise.
- A nurse will provide you with a patient gown and a place to store your clothing before you are escorted to the operating room. We will also check your temperature, blood pressure and pulse and ask you to empty your bladder before surgery.
- Your family will be allowed to stay with you in the prep area until you are taken to surgery. At that time, your family will be asked to wait in the front lobby. The surgeon will speak with your family immediately following surgery. Relatives may come to the recovery area for specific instructions once the patient is awake.

## AfterSURGERY

- Before you leave the center you will be given written instructions for your care at home. Instructions will also be given to a family member or friend.
- After you have returned home, be sure to follow your doctor's orders regarding diet, rest, medication and activity. Unless directed otherwise, you should start your diet with clear liquids. In four to six hours, you can begin to eat solid foods. If you do begin to feel nauseous, please notify your surgeon. By the next day, you should be back to your normal diet. It is not unusual to feel a little sleepy, lightheaded or dizzy for several hours after your surgery. Do not sign any important papers or make any significant decisions until this feeling has worn off.
- If you have any questions or problems after surgery, please contact your physician.
- A nurse from Surgical Center of Elizabethtown will phone you within a few days after your surgery to see how you are and answer any additional questions you might have.
- Do not drive a car, smoke, drink alcoholic beverages, operate machinery or cook for 24 hours after surgery.

## ChildrenARESpecial

At Surgical Center of Elizabethtown, we work hard to meet the special needs of children and create a relaxed, comfortable environment. To make children feel more at home, we encourage them to bring along a favorite toy or blanket. You are also invited to tour our facility prior to the surgery date.

We encourage parents to discuss the surgery with the child beforehand to help alleviate stress. Parents are able to stay with the child until surgery begins and may rejoin the child as soon as it's appropriate. Upon release, we recommend that one adult drives home while the other cares for the child.

## INSURANCEandBILLING

Charges at Surgical Center of Elizabethtown consist of: a base fee for each procedure performed and subsequent itemization of devices or implants. Since we require you to pay any deductible and co-insurance portions on the day of surgery, we use the base fee to estimate this amount.

Prior to your surgery date, you will be contacted regarding your insurance coverage. Due to the number of insurance plans, we suggest that you contact your insurance company if you have a specific question regarding your coverage.

After surgery, we will file your insurance papers for you. We will ask you to sign an "assignment of benefits" form so that the check comes directly to the surgery center. Any amounts not covered by your insurance, deductibles or co-insurance will be collected on the day of surgery. We accept Visa and MasterCard with credit card approval on the date of payment. If the facility costs are more than anticipated, you will be billed for the difference. Any overpayment will be refunded after 30 days from receipt of the insurance payment. The bill will not include the services of your surgeon, any lab fees or anesthesia charges.

Prior to surgery, it is your right as a patient to request information or have questions answered regarding fee or payment policies. We would be glad to answer any questions at our business office between 8:30 a.m. and 5:00 p.m., Monday through Friday, by calling (270) 737-5200.

## ElectiveSURGERYFees

Fees for cosmetic procedures must be paid prior to surgery.

# Surgery INFORMATION

Name: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Surgery Date: \_\_\_\_\_

Physician: \_\_\_\_\_

Notes: \_\_\_\_\_

## Hours of Operation

Monday - Friday

6:00 a.m. - 5:00 p.m.

Surgical Center of Elizabethtown  
does not provide emergency services.

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Elizabethtown, KY 42701  
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etownurgery.com

